

IsaShake™ Creamy Chocolate

Nutrition Information

Serving Size: 40 g (2 Scoops)

Servings per Container: 9

	Amount per Serving (Mix with water)	Amount per Serving (Mix with whole milk)
Energy	160 kcal	310 kcal
Protein	16 g	24 g
Total Fat	4.5 g	12.5 g
Saturated Fat	1.5 g	6.5 g
Trans Fat	0 g	0 g
Cholesterol	45 mg	80 mg
Carbohydrate	16 g	28 g
Sugars	10 g	22 g
Dietary Fiber	2 g	2 g
Sodium	75 mg	195 mg
Potassium	240 mg	615 mg
Vitamin A	639 IU	1020 IU
Vitamin C	16 mg	18 mg
Calcium	200 mg	500 mg
Iron	1.3 mg	1.4 mg
Vitamin D	64 IU	64 IU
Vitamin E	6 IU	6 IU
Vitamin B1	0.6 mg	0.7 mg
Vitamin B2	0.8 mg	1.2 mg
Niacin	6 mg	6.2 mg
Vitamin B6	0.8 mg	0.9 mg
Folate	133 mcg	145 mcg
Vitamin B12	1.4 mcg	2 mcg
Biotin	20 mcg	25 mcg
Pantothenic Acid	2.6 mg	3.4 mg
Phosphorus	150 mg	380 mg
Iodine	40 mcg	97 mcg
Magnesium	125 mg	160 mg
Zinc	4.6 mg	5.5 mg
Selenium	18 mcg	23 mcg
Copper	0.6 mg	0.6 mg
Chromium	66 mcg	66 mcg
Molybdenum	30 mcg	35 mcg

Ingredients: Whey protein concentrate, fructose, sunflower oil, cocoa powder, xanthan gum, milk protein concentrate, tapioca maltodextrin, low-heat nonfat milk powder, indigestible maltodextrin, natural flavors (chocolate, vanilla), magnesium oxide, sea salt, silicon dioxide, tricalcium phosphate, cellulase enzyme, lipase enzyme, molybdenum yeast, ascorbic acid, selenium yeast, steviol glycosides, kelp powder, vitamin E (d-alpha tocopheryl), niacinamide, manganese gluconate, zinc oxide, flax seed powder, alfalfa juice concentrate, lactase enzyme, copper gluconate, calcium d-pantothenate, vitamin B2 (riboflavin), beta carotene, biotin, vitamin B6 (pyridoxine HCl), vitamin D3 (cholecalciferol), vitamin B1 (thiamin HCl), chromium picolinate, folic acid, vitamin B12 (cyanocobalamin)

Contains milk ingredients.